



Kandos High School



Term 1 Week 11

2025

# NEWSLETTER

## What's On?



### Wednesday, 30 April

- Student's Return to School - First Day of Term 2

### Thursday, 1 May

- ANZAC Day Assembly

### Friday, 2 May

- Athletics Carnival
- After School HSC Visual Art Class

### Tuesday, 6 May

- Reality Now Program
- Open Girls Soccer
- After School HSC Industrial Tech Class

### Wednesday, 7 May

- Reality Now Program
- Gaanha-Girri; Carrying Future Program
- Mother's Day Raffle Ticket Stall at IGA

### Thursday, 8 May

- Parent/Teacher Night
- Max Potential
- Knock Out Rugby League Round Robin

### Friday, 9 May

- Student Cafe
- CSU Fun Facts Day
- Biotechnical Expo
- After School HSC Visual Art Class

### Tuesday, 13 May

- After School HSC Industrial Tech Class

## Good Start Assembly



## Australian Maths Champions

📍 Fleming St, Kandos, NSW 2848







☎ 02 6379 4103

✉ kandos-h.school@det.nsw.edu.au

📘 Official Kandos High School

# Principal's Welcome

As we reach the end of Term 1, I would like to take a moment to reflect on the achievements we have celebrated as a school community over the past few weeks. It has been a busy and productive term, filled with learning opportunities. Our students have also had the opportunity to participate in various extracurricular activities, from sports to various competitions including Mathletics, which saw our Year 9 and 10 team finish first in Australia and 25th in the world – an incredible achievement. Such activities not only enrich the educational experience of our students but also foster a sense of teamwork and community. I encourage all families to support our students in these pursuits, as they play a crucial role in their overall development.

23	International Primary School in Zabrze		210
24	Engro Grammar School SD		200
25	Kandos High School NSW		200
26	Brompton Academy		198
27	Mastery International School		197
28	IQ+ CENTRO EDUCATIVO DE ALTO RENDIMIENTO ACADÉMICO		194

I would like to take this opportunity to thank our dedicated staff, supportive parents and of course, our wonderful students for their hard work and commitment this term. Changes to the daily organisation that were introduced this year, including the removal of roll call and starting classes at 9am, have been a smooth transition. In addition, staff have commenced using formative assessment in class to determine student understanding of course content.



*William Moxham swimming Butterfly at the KHS Swimming Carnival*



*Above: KHS Show Team's Grand Champion Wool and students at the Yass Show*



*Boys & Girls Touch Teams*



*Above: Shamus White proudly accepting the Belly Flop Competition Trophy*



*Students Receiving their 100% Attendance Award*



*KHS's Best Layers*

*Left: Bella Mundy, Krystal Thorn, Patrick Lus, Bronte Macpherson and Grace Mascord with Chickens they raised for the Royal Easter Show Egg Laying Competition*

As a school, we set a goal of reaching 85% student attendance this term and I am pleased to say that over 90% of our students celebrated this with Pizza at the Pool with the Principal. Let us continue to work together to provide the best possible educational experience for our children.



Kandos High School

# Every Day Counts



## Attendance Matters

When your child misses just...	that equals...	which is...	and therefore, from Kindy to Year 12, that is...	This means the best your child can achieve is...
1 day each fortnight	20 days per year	4 weeks per year	Nearly 1.5 years of school	Equal to finishing Year 11
1 day a week	40 days per year	8 weeks per year	Nearly 2.5 years of school	Equal to finishing Year 10
2 days a week	80 days per year	16 weeks per year	Over 5 years of learning	Equal to finishing Year 7
3 days a week	120 days per year	24 weeks per year	Nearly 8 years of learning	Equal to finishing Year 4

Give your child every chance to succeed.

Every student should be at school every day!

Thank you to Mrs Nikki O'Brien who was Relieving Deputy Principal this term and to Mrs Natasha Vidler who was Relieving Head Teacher Support while Mrs Nikki O'Brien was in higher duties. Next term Mr Rod San Martin will be in the Relieving Deputy Principal role and Mr Anthony McDonald will be Relieving Head Teacher English/HSIE.

Holidays will be busy for some of our staff and students as they attend the Royal Easter Show in Sydney. Mrs Julie Parsons will be joined by our students Bridget Grimshaw, Emily Gallaher and Mia Reddish at the Rural Students Café from the 14th to the 16th of April. If you happen to be there, stop by for a delicious treat. I also wish our present and past students the best of luck in their Junior Judging Competitions.

Additionally, Anzac Day will again be held during the school holidays, and I encourage students and staff to meet at the Band Rotunda and join the ANZAC Day March.



Finally, I wish you all a restful break and I look forward to seeing everyone back for an exciting Term 2 on Wednesday, 30 April!

**Mrs Deb Johnston**  
*Relieving Principal*



*Mrs Nikki  
O'Brien*



*Mrs Natasha  
Vidler*



*Mr Rod  
San Martin*



*Mr Anthony  
McDonald*

## Good Start Assembly

We want to extend a massive thank you to our incredible school community for coming along to support our Good Start Assembly and Welcome BBQ. We were absolutely astounded by the number of families, friends, and community members who turned up to cheer on our students as they received recognition for their hard work and efforts in Term 1 at Kandos High School. Your presence made the event even more special!



*School Captains Alexis Farrugia, Willow Connellan, Jack Desreaux and Teegan Reynolds*

A very special thank you to our guest speaker, Miss Drew Sinnett, who has joined KHS this year as our school counsellor. Drew's speech was inspiring and heartfelt, sharing her journey as a former KHS School Captain, her studies, travel, experiences during COVID, and the real-life lessons that have shaped her path. We're incredibly lucky to have Drew on staff, and we encourage all students to reach out to Miss Sinnett or Mr Gay Manning if they need someone to talk to. Our school is so fortunate to have such compassionate and supportive staff.



*School Counsellor, Miss Drew Sinnett*

Thank you also to Mr James Johnson from the Rylstone-Kandos Show Society for joining us to present our Student Volunteer Awards and Show Team Jackets, it's always a pleasure to have you at our school.

We'd also like to acknowledge Mrs Bev Hobbs, who accepted our Community Charity Relay Shield donation on behalf of the Rylstone Hospital Auxiliary, and to R&K representative Miss Rachel Johnson to presenting the donations. Thank you for supporting our student-led initiatives!

Our heartfelt thanks also go to Mrs Val Herber, who attended to accept our sincere gratitude for the beautiful seamstress work she has done for our school over the years , your contribution does not go unnoticed.



*Mr James Johnson presenting Bronte Macpherson with her Show Team Jacket*



*Mrs Bev Hobbs representing the Rylstone Hospital Auxiliary & Miss Rachel Johnson representing R&K*



*Left: Mrs Val Hebert receiving a bunch of flowers and thanks*

A huge shoutout to our talented performers Janine Maw, Ivy Li, and Theresa Li for sharing their talents with us on stage. You were brilliant!

Well done to our School Captains for confidently running the assembly, and a huge congratulations to all the students who received awards, we are so proud of you all!

Here's to a strong start to the year and a wonderful school community who shows up, supports, and celebrates every success.

## Year 12 Easter Raffle Winners

Our Year 12 students would like to extend a heartfelt thank you to everyone who supported their Easter Raffle Fundraiser this term. Whether you purchased a ticket or simply helped spread the word, your contribution has gone a long way in helping Year 12 raise money towards their Formal later this year. The raffle was a huge success, and the generosity of our school community is greatly appreciated.

A big congratulations to our lucky winners:

- 1 1st Place: Jessica Gallaher
- 2 2nd Place: Jaylan Regan
- 3 3rd Place: Mitchell Moore



*Year 12 student Aleisha Brennan, 2<sup>nd</sup> place winner Jaylan Regan, 1<sup>st</sup> place winner Jessica Gallaher, accepting 3<sup>rd</sup> on behalf of Mel Moore, her son Mitchell Moore, and Year 12 student Alexandra Grimshaw*



# World Maths Day Success for KHS

On Wednesday, March 26, students from Years 7 to 10 took on 20 intense rounds of one minute maths questions in the global Mathletics World Maths Day competition and absolutely smashed it!

Years 9 & 10 placed 1st in Australia and an incredible 25th in the world! What an amazing achievement for our school!

Our champs:

Jacob Kiely, David Taylor, Andy He, Grace Mascord, Ivy Li, Charlotte Swan, Sienna Kimmorley, Keira Nelson, William Moxham & Patrick Lus.

A big well done also to our brilliant Year 7 & 8 team:

Theresa Li, Alexis Ellery, Hermoine San Martin, Felicity Dillon, Liam Ashford, Luke Moxham & Ilari Hudson.

World Maths Day is organised by 3P Learning, the team behind Mathletics. It brings students from around the world together to celebrate maths, build confidence, and spark a love of learning through fun, fast paced challenges.

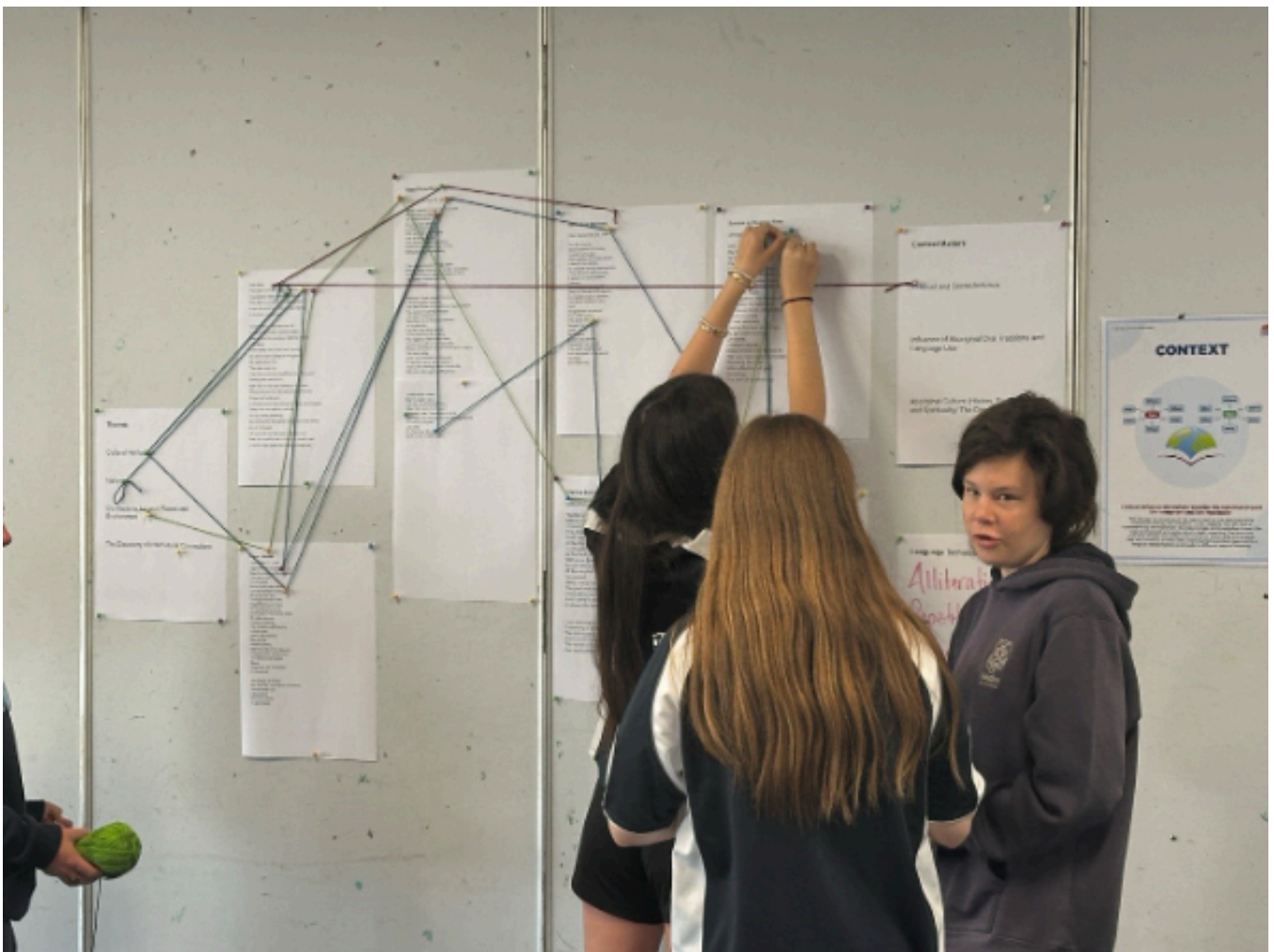
A huge thanks to Mr Andrew Kiely, our Head Teacher of Mathematics, for organising the event and putting Kandos High on the map as Australian Maths Champions!



## English Department Update

Our Year 12 Standard class has been learning about the poetry of Aboriginal Australian poet Oodgeroo Noonuccal. This close study has included looking at seven of her poems from her tour to China.

After weeks of working to comprehend the poems, one by one, Reed Flute Cave was one of the favourites, we had to put them all together to see the connections. Enter the String Activity. Using string, we linked poems by theme and poetic techniques. It now sits proudly on our wall serving as a tactile learning tool. Follow the string to see the connections. The students came to understand that there was a connection between when the poems were written and the themes the poet was exploring. They also came to see that two of the poems were more connected than the others to the themes. I know I am looking forward to seeing them demonstrate their understanding through short answer and practice essay questions over the next week. We have the HSC strongly in our sights!



## Reed Flute Cave

Guilin, September 29, 1984  
I didn't expect to meet you in Guilin  
My Rainbow Serpent,  
My Earth Mother,  
But you were there  
In Reed Flute Cave,  
With animals and reptiles  
And all those things  
You stored in the Dreamtime.  
Pools of cool water, like mirrors,  
Reflecting your underbelly.

The underground storage place,  
Where frogs store water in their stomachs  
And mushrooms and every type of fruit,  
Vegetable, animal and fish,  
Are on display.

Perhaps I have strayed too long  
In this beautiful country;  
The reed flutes are playing a mournful tune.  
The cool air rushing through  
The rock cathedral  
Reminds me of the sea breezes  
Of Stradbroke  
And the reed flute seems  
To be capturing the scene.  
The slippery earth stone floor  
Takes me back to mud sea flats,  
Where seaweeds communicate with oysters  
Fish and crabs.

Have you travelled all this way  
To remind me to return home?  
Uluru, your resting place in Australia,  
Will not be the same without you.



## Year 12 Hospitality

Our talented Year 12 Hospitality students have been busy in the kitchen with Mrs Julie Parsons, working through a unit on Food Packaging.

As part of their practical learning, students rolled up their sleeves and made homemade gnocchi and fresh pesto sauce, and then turned their attention to packaging their creations like pros! From portion control and presentation to food safety and labelling, it was a deliciously hands on way to learn.

Fantastic effort from the whole class, we're not sure what we're more impressed by... the packaging or the smell coming from the kitchen!



## Boys & Girls Squash

On Tuesday 1 April, the Kandos High School Girls and Boys Squash Teams travelled to Parkes to compete in the Western Schools Knockout and the Western Region Team Selection. Accompanied by our dedicated Squash Coach, Mrs Kerry Reynolds, both teams put in a fantastic effort on the court.

The KHS Girls Team delivered a strong performance, securing a convincing win over Parkes High School. It was an outstanding display of teamwork and skill, well done, girls! With such a promising start, this season is shaping up to be one to watch.

The KHS Boys Team faced a tough challenge against a strong Parkes side but played with impressive determination. A special mention goes to Will Moxham, who fought hard and managed to take a game from his opponent in a competitive match, great work, Will!

In addition to the team matches, students also competed for selection into the Western Region Team, and we're proud to announce that Teegan Reynolds has been selected! Teegan will go on to represent the region at the State Championships in Thornleigh next term.

Congratulations to all our squash players for their effort, sportsmanship and commitment. You've done Kandos High School proud!



# NSWCHS State Swimming Championships

On Wednesday 8 April, Kandos High School student Emily Gallaher travelled to Sydney Olympic Park to compete in the NSW Combined High Schools Sports Association (CHS) State Swimming Championships.

Emily represented the school in the 16 years girls 200m freestyle event. Although she did not progress to the next stage of the competition, Emily achieved a significant personal milestone, improving her time by an impressive 15 seconds.

This outstanding effort reflects Emily's dedication, perseverance, and positive attitude toward her sport. Kandos High School is incredibly proud of her achievement and the way she represented our school on the state stage.

Congratulations, Emily, your hard work and determination are truly inspiring!



# KHS Chess Team Dominate Opening Round

On Tuesday 1 April, our KHS Chess Team, Ivy Li, David Taylor, Andy He, and Seth Weatherall, travelled to Portland Central School with Mr Rod San Martin and Coach Miss Belinda Innes for the opening round of the Secondary School Junior Chess League Competition.

We're thrilled to announce that Kandos High made all the right moves, winning all four games in under 16 minutes! It was a total checkmate showdown, with our team staying several moves ahead from the very start.

This marks Kandos High School's return to the Junior League after many years, and it's fantastic to see our chess team back in action, sharpening minds, building strategy, and making bold moves on the board.

Congratulations to our clever competitors on an incredible start to the season, you've opened with a winning gambit, and we can't wait to see what your next match brings!





## Hard Day's Work

Five of our Primary Industries students recently rolled up their sleeves at “Robmar,” taking on the massive job of drenching and drafting an impressive 526 ewes and lambs. From the moment they arrived, the students worked as a tight-knit team, something the property owners couldn’t help but praise.

They carefully weighed each animal to ensure accurate dosing and were reminded just how important it is to keep those gates shut! It was a hands on experience that brought classroom learning to life, delivered at real world industry standards.

A huge thank you to Robert and Robin Johnston for once again opening their gates and giving our students the opportunity to learn by doing.

Experiences like this are what make our Primary Industries program so rewarding.





# All Roads Lead to the Royal



Our Year 9 & 10 Agriculture students, along with Mr Nick Nassis, have been hard at work raising chickens for the 2025 Sydney Royal School Commercial Egg Laying Competition! This exciting statewide challenge gives students valuable hands-on experience in caring for and raising Hy-Line Brown pullets.

Throughout the term, our students have been monitoring the chickens' health, recording data, and ensuring the birds are well fed and comfortable. Later this term, they'll carefully select their top three pullets to compete at the Sydney Royal Easter Show.

A special part of the competition includes creating a project poster showcasing their experience and sharing insights into the Australian poultry industry. We can't wait to display these for our school community!

A huge thank you to Ms Merz, Principal of Glen Alice, for transporting our lovely layers to the big stage!



*Charlie Conlon with his favourite hen*



*Chicken Whisperer, Krystal Thorn snuggles two Royal Competitors*

We're also incredibly proud to announce that Alexis Farrugia is returning to compete in the State Finals, and this year she'll be joined by first-time competitors Aleisha Brennan, Seanna Duffield and Bronte Macpherson. They'll be sharing the spotlight with past students Tegan Godwin, Tilda Poole, Makayla Muscat, and our Farm Assistant, Millie Brown.

These talented students will be taking part in a range of competitions, including Grain, Fruit & Vegetables, Meat Sheep, Merino Sheep, and Merino Fleece Judging. If you're heading to the Show, make sure to stop by and cheer them on, they love seeing familiar faces in the crowd!

Catch our Junior Judging competitors on these dates:

- 12th April – Merino Sheep Junior Judging
- 13th April – Merino Fleece Junior Judging
- 15th April – Grain Junior Judging
- 15th April – Fruit & Vegetable Junior Judging
- 17th April – Meat Sheep Breeds Junior Judging

Good luck to all our students, we're so proud of you!

**Mrs Deb Johnston**

*Agriculture Teacher &  
Show Team Coach*

**This Edition of Ag Brag  
is proudly supported  
by Robmar**



*Aleisha  
Brennan*



*Seanna  
Duffield*



*Alexis  
Farrugia*



*Bronte  
Macpherson*

# NAIDOC Week Merchandise

NAIDOC Week 6 – 13 July 2025

NAIDOC 2025 merchandise is now available to order through the Front Office, thanks to the support of Mrs Julie Parsons. Wear your pride and be part of this meaningful celebration. For more information or to place an order, please contact the school on 6379 4103.





Kandos High School



# Rewards Excursion

To qualify for the end of year  
**Rewards Excursion**, you **MUST** have:



## 90% Attendance

Be present, stay engaged!



## 90% Uniform

Wear it with pride!



## No more than 10

## negative Sentral entries

Stay on track!

Work hard, stay committed, and earn your spot!



# KANDOS HIGH SCHOOL

Gymnasium  
Air Conditioning  
Project

# COMMUNITY SURVEY

## HAVE YOUR SAY

- ✓ 2 Minutes to Complete
- ✓ Your Opinion Matters!
- ✓ Help us Improve KHS Infrastructure
- ✓ Go Into a Draw to Win a KHS Goodies Bag!

Scan the QR Code to Complete our Digital Survey

Collect & Complete a Survey from our Front Office

Follow us



For More Information

E: kandos-h.school@det.nsw.edu.au  
PH: 02 6379 4103



# Junior Twin Town Players

Does your child love to perform, tell stories, or get creative? The Junior Twin Town Players are launching an exciting 8-week drama workshop starting Tuesday 6 May, and it's the perfect opportunity for young people aged 5 to 18 to build confidence, creativity, and performance skills in a fun and inclusive environment.

Held at the Rylstone Memorial Hall, each weekly session runs from 4:30pm to 5:30pm and is packed with drama games, movement, improvisation, storytelling, and more. The program is aligned with the NSW Creative Arts Curriculum and culminates in a Showcase Performance in Term 3 for families and friends to enjoy.

Whether your child is new to drama or already loves the spotlight, this supportive workshop encourages imagination, teamwork, and a love of the performing arts.

## Workshop Details:

📅 When: Tuesdays, 4:30–5:30pm (Starting 6 May)

📍 Where: Rylstone Memorial Hall

👧 Ages: 5 to 18

💰 Cost: \$2 per Junior Member · \$5 for Adults

👨👩 Note: Adult supervision is required

To register, please contact Belinda on 0476 870 455 or email [twintownplayers@yahoo.com.au](mailto:twintownplayers@yahoo.com.au).

Spaces are limited – don't miss this chance to let your child shine with the Junior Twin Town Players!





**Kandos High School P&C**

*Mother's Day*

*Raffle*

**Tickets \$2**

**Prizes donated by**

Sisis Pamper Plus

The Beauty Lounge Rylstone

Nash Flower Farm

Mon Alisa Design


**Tickets on sale at IGA**

**28th March, 2nd April,**

**11th April, 7th May**

**Drawn on 8/5/25**

**Tickets are available in the Front  
Office and around the community**



FOR AGES 12-24

Youth Led

# Performance Workshop



Photo Credit: Alex Wisser

## Body Moves & Monster Grooves: Space, Place and Scale in Performance Art

Join artist Gabrielle Bates for a free one-day immersive experience in collaborative performance art, emphasising the exploration of the body and its interaction with spaces, place and other participants.

**Thursday 24 April**

from 10am – 2pm

Kandos Community Hall, 44 Angus Avenue Kandos



Book into this free event at [mwrcyouth.eventbrite.com.au](http://mwrcyouth.eventbrite.com.au)





# We're coming to your community



## We're bringing NSW Government services to: Kandos Thursday, 1 May 2025

9AM - 3PM

Visit our Mobile Service Centre to access services like:

- Driver Knowledge Tests
- driver licence, mobility parking and photo card applications
- Working with Children Checks
- NDIS Worker Checks
- birth, death and marriage certificates
- cost of living support and more.

Call **13 77 88** or visit [service.nsw.gov.au](https://service.nsw.gov.au) to check our latest timetable.

Severe weather may mean our timetable has to change at short notice, we strongly recommend you check on the day.



Find us at:

Kandos Community Centre  
44 Angus Avenue





# AUTUMN SCHOOL HOLIDAYS / YOUTH WEEK

119 April - 284 April 2025

**Mid-Western Regional Youth Council** is proud to present a range of youth activities and events across the region, as part of the autumn school holidays and Youth Week 2025.

## VR and Mobile Games Theatre

Join the Games2U crew and immerse yourself in their state-of-the-art Mobile Games Theatre and Virtual Reality (VR) experience. The Games Theatre includes games like; Minecraft, Fortnite, Just Dance, Mario Kart 8 and much more.

### Session 1

**WHEN** Tuesday 15 April, 9am – 12pm

**AGES** 12 - 24 years

**WHERE** Mudgee Arts Precinct Cultural Workshops, 2-6 Douro Street, Mudgee

### Session 2

**WHEN** Tuesday 15 April, 1.30pm – 3.30pm

**AGES** 12 - 24 years

**WHERE** Gulgong Memorial Hall, 112 Mayne Street, Gulgong

## Excursion – Bathurst Laser Tag

Come along and enjoy a round of laser tag or two! There are also other games to play and we'll even have pizza for lunch before heading home. Pickup available from Lue, Rylstone and Kandos.

**WHEN** Thursday 17 April, 9am – 4pm

**AGES** 12 - 18 years

**WHERE** Bathurst Laser Tag

## Skate, Create, Empower with TOTEM

Join pro-riders from Totem Collective for multiple workshops, followed by a community jam which gives you the chance to show off your skills and win prizes. Lunch will also be supplied by the Lions Club Mudgee.

Registrations essential via [totemskateboarding.com](http://totemskateboarding.com)

### Session 1 Deck Design

**WHEN** Wednesday 16 April, 10am – 12.30pm

**AGES** 10 - 24 years

**WHERE** Kildallon Education Centre, 70 Court Street, Mudgee

### Session 2 Learn to Skate

**WHEN** Wednesday 16 April, 12.30pm – 1.45pm

**AGES** 10 - 24 years

**WHERE** Mudgee Skate Park, Corner Horatio and Perry Street, Mudgee

### Session 3 Skate and Scooter Jam

**WHEN** Wednesday 16 April, 1.45pm – 3pm

**AGES** 10 - 24 years

**WHERE** Mudgee Skate Park, Corner Horatio and Perry Street, Mudgee

To book, visit [mwrccyouth.eventbrite.com](http://mwrccyouth.eventbrite.com)

> MORE EVENTS OVER THE PAGE



# AUTUMN SCHOOL HOLIDAYS / YOUTH WEEK

119 ApriiIII – 284 ApriiIII 2

**Mid-Western Regional Youth Council** is proud to present a range of youth activities and events across the region, as part of the autumn school holidays and Youth Week 2025.

## VR and Mobile Games Theatre

Join the Games2U crew and immerse yourself in their state-of-the-art Mobile Games Theatre and Virtual Reality (VR) experience. The Games Theatre includes games like; Minecraft, Fortnite, Just Dance, Mario Kart 8 and much more.

### Session 1

**WHEN** Tuesday 15 April, 9am – 12pm

**AGES** 12 - 24 years

**WHERE** Mudgee Arts Precinct Cultural Workshops, 2-6 Douro Street, Mudgee

### Session 2

**WHEN** Tuesday 15 April, 1.30pm – 3.30pm

**AGES** 12 - 24 years

**WHERE** Gulgong Memorial Hall, 112 Mayne Street, Gulgong

## Excursion – Bathurst Laser Tag

Come along and enjoy a round of laser tag or two! There are also other games to play and we'll even have pizza for lunch before heading home. Pickup available from Lue, Rylstone and Kandos.

**WHEN** Thursday 17 April, 9am – 4pm

**AGES** 12 - 18 years

**WHERE** Bathurst Laser Tag

## Skate, Create, Empower with TOTEM

Join pro-riders from Totem Collective for multiple workshops, followed by a community jam which gives you the chance to show off your skills and win prizes. Lunch will also be supplied by the Lions Club Mudgee.

Registrations essential via [totemskateboarding.com](http://totemskateboarding.com)

### Session 1 Deck Design

**WHEN** Wednesday 16 April, 10am – 12.30pm

**AGES** 10 - 24 years

**WHERE** Kildallon Education Centre, 70 Court Street, Mudgee

### Session 2 Learn to Skate

**WHEN** Wednesday 16 April, 12.30pm – 1.45pm

**AGES** 10 - 24 years

**WHERE** Mudgee Skate Park, Corner Horatio and Perry Street, Mudgee

### Session 3 Skate and Scooter Jam

**WHEN** Wednesday 16 April, 1.45pm – 3pm

**AGES** 10 - 24 years

**WHERE** Mudgee Skate Park, Corner Horatio and Perry Street, Mudgee

To book, visit [mwrccyouth.eventbrite.com](http://mwrccyouth.eventbrite.com)

> MORE EVENTS OVER THE PAGE



# AUTUMN SCHOOL HOLIDAYS / YOUTH WEEK

9 April – 24 April 2025

**Mid-Western Regional Youth Council** is proud to present a range of youth activities and events across the region, as part of the autumn school holidays and Youth Week 2025.

## Youth-led Performance Workshops - Body Moves and Monster Grooves

This workshop provides youth participants with an immersive one day experience in collaborative performance art, emphasising the exploration of the body and its interaction with spaces, places and other participants. Facilitated by artist Gabrielle Bates.

### Session 1

**WHEN** Tuesday 22 April, 10am – 3pm  
**AGES** 12 - 24 years

**WHERE** Mudgee Arts Precinct Seminar Room,  
90 Market Street, Mudgee

### Session 2

**WHEN** Thursday 24 April, 10am – 3pm  
**AGES** 12 - 24 years

**WHERE** Kandos Hall, 44 Angus Avenue, Kandos

## The Drip Excursion

As part of a project aiming to elevate awareness of connections to Wiradjuri Country, we're excited to invite you on a day trip to participate in on-Country Learning led by local Aboriginal people at The Drip. Aleshia Lonsdale, Wiradjuri artist and curator, will lead us on a walk alongside the Goulburn River to The Drip and share her knowledge of this water place with us.

**WHEN** Wednesday 23 April, 11am – 3pm

**AGES** 12 - 24 years

**WHERE** The Drip Gorge

## Level Up – Extended Edition

Love role-playing games (RPGs) and other tabletop games? Try out some of the new games in the Library's collection at this extended edition of our monthly tabletop and RPG session. Pizza/Lunch included!

**WHEN** Thursday 24 April, 10am – 3pm

**AGES** 12 - 20 years

**WHERE** Mudgee Arts Precinct Cultural Workshops, 2-6 Douro Street, Mudgee

## Mail out Kits

Can't make it to one of our in-person events these holidays? Try one of the various Cross Stitch kits or Disney's Diamond Dot Painting kits available. Get in fast – kits are limited.

**WHEN** Kits will be sent out in the first week of April

**AGES** 12 - 24 years

**WHERE** At your home – mail out kit

To book, visit [mwrcoyouth.eventbrite.com](http://mwrcoyouth.eventbrite.com)

NOTE: ALL EVENTS ARE FREE. BOOKINGS REQUIRED FOR MOST EVENTS AS PLACES ARE LIMITED



# AUTUMN SCHOOL HOLIDAYS / YOUTH WEEK

9 April – 24 April 2025

**Mid-Western Regional Youth Council** is proud to present a range of youth activities and events across the region, as part of the autumn school holidays and Youth Week 2025.

## Movie – White Bird

Struggling to fit in at his new school, Julian is visited by his grandmother and is transformed by the story of her attempts to escape Nazi-occupied France during World War II. Entry fees apply.

**WHEN** Saturday, 5 April 4.30pm and Sunday, 6 April 1pm

**AGES** PG Rated

**WHERE** Mudgee Town Hall Cinema, 64 Market Street, Mudgee

## Kandos Youth Book Club and Journalling

Join our monthly book club with a twist! Talk about the latest book whilst we scrap book and journal our ideas. Books can be borrowed from Kandos Library and all art and craft supplied for journalling. April book theme is **Anime**.

**WHEN** Wednesday 9 April, 3.45pm – 4.45pm

**AGES** 12 - 24 years

**WHERE** Kandos Library, 44 Angus Avenue, Kandos

## Lifeline Mental Health Chat

Learn some practical skills to help your mates at Lifeline's Mental Health Chat. Lifeline professionals will cover topics such as wellbeing, stress and anxiety, and talk about how to recognise if someone may need mental health support and where to get help. Come along for a chat. Snacks and pizza provided.

**WHEN** Thursday 10 April, 4.30pm – 7pm

**AGES** 16 - 24 years

**WHERE** Mudgee Arts Precinct, Cultural Workshops  
2-6 Douro Street, Mudgee

## Creative Friday – Youth Week

Do you have an idea or creative project you would love to develop? Creative Friday brings young people together in a common space equipped with easels, benches and drawing boards and you will have access to various digital creative tools. Special guest artist this week is Gabrielle Bates.

**WHEN** Friday 11 April, 3.45pm – 5.45pm

**AGES** 12 - 20 years

**WHERE** Mudgee Arts Precinct Cultural Workshops, 2-6 Douro Street, Mudgee

## Pump Track Workshop and Demonstration

Adam Carey is back by popular demand. The world-renowned BMX racer is returning to Mudgee for 3 x workshops as well as giving a demonstration on the track himself. All sessions held at the Mudgee Pump Track, Glen Willow Sporting Complex.

### Session 1

**WHEN** Monday 14 April, 9am – 10am

**AGES** Beginners

### Session 2

**WHEN** Monday 14 April, 10am – 11am

**AGES** 12-24 years

### Session 3

**WHEN** Monday 14 April, 11am – 12pm

**AGES** 12-24 years

To book, visit [mwrccyouth.eventbrite.com](http://mwrccyouth.eventbrite.com)

> MORE EVENTS OVER THE PAGE



## THE QUEEN'S COMMONWEALTH ESSAY COMPETITION 2025



# Our Commonwealth Journey

Journeys are a fundamental aspect of our lives, helping us to explore, to learn, and to grow. Throughout history, nations, communities and individuals have undertaken their own journeys, navigating the tides of an ever-changing world.

Since its founding in 1949, the Commonwealth has undertaken many journeys to evolve into its current form, with 56 member countries, and recently celebrating its 75<sup>th</sup> anniversary. There are also many great journeys to be had within the Commonwealth, which spans five continents, is responsible for a third of the world's oceans and has a hugely diverse population of 2.7 billion people.

The Queen's Commonwealth Essay Competition 2025, therefore, asks entrants to consider the relevance of journeys in a Commonwealth context, whether geographical, historical or personal. What journeys the Commonwealth has taken or may take in the future, as well as to reflect on their own individual journeys.

### TOP PRIZE

The two winners from each age category will be awarded with a **trip to London** for a week of educational and cultural events, culminating in a special **Awards Ceremony** at a Royal Palace.

### AWARDS

All successful entries will receive a Certificate of Participation and a number of entries will receive **Gold**, **Silver** and **Bronze** Awards for excellence in writing.



ROYAL COMMONWEALTH SOCIETY



# THE QUEEN'S COMMONWEALTH ESSAY COMPETITION 2025

The Commonwealth is a voluntary network of 56 countries, based on a shared English language and the key values of democracy, equality, tolerance, human rights and the rule of law.

## ABOUT THE COMPETITION

The Queen's Commonwealth Essay Competition is the world's oldest international writing competition. The competition is open to nationals or residents of all Commonwealth countries and territories, as well as residents of Hong Kong, Ireland, and Zimbabwe. Please see our **Terms and Conditions** for more details.

## HOW TO ENTER

The Queen's Commonwealth Essay Competition is open for entries between 14 March and 23 May 2025. For more information on how to enter the competition please visit, [www.royalcwsociety.org](http://www.royalcwsociety.org)

Follow @RoyalCWSociety on Facebook, X and Instagram for writing tips! Email: [competitions@royalcwsociety.org](mailto:competitions@royalcwsociety.org) with any questions.



## SENIOR CATEGORY - (14-18 YEARS OF AGE)

**Word Count: maximum of 1500 words**

1. Equal access to education is enshrined in the *Commonwealth Charter* as one of the key values and aspirations that unite the Commonwealth. While the Commonwealth has come a long way on the journey towards this, there is still progress to be made. Imagine a Commonwealth in which everyone has the same access to education.
2. National legends and folklore can take us on a journey through history and culture. Retell a famous folklore from your own or another Commonwealth country in a surprising way.
3. "Human beings have always needed the connection of literature –its wisdom as well as its sheer escapism." - Her Majesty Queen Camilla. Books can take us on journeys to the wildest and most unexpected places! Write about a time a book took you on a journey; how did it affect you?
4. From tiny seeds to large redwoods, trees and plants experience changes and growth throughout their life cycles. Write a story about the life journey of a plant growing in the centre of your community; what does it experience?

## JUNIOR CATEGORY - (UNDER 14 YEARS OF AGE)

**Word Count: maximum of 750 words**

1. Together, we represent a third of humanity, with all the splendidly diverse complexity that this entails." - His Majesty King Charles. Learning new information can take us on journeys to new places. Write about a time you learned something interesting about a different Commonwealth country from your own.
2. Commonwealth states range from small island nations like Nauru to larger countries like India. Write an account of a sea voyage from one Commonwealth country to a small island Commonwealth nation. What do you see, who do you meet?
3. You embark on a very special journey when you discover a secret door that takes you into your favourite book! What happens next?
4. October 2024 saw Commonwealth leaders travel to Samoa for the 2024 Commonwealth Heads of Government Meeting (CHOGM). Imagine what an animal CHOGM would look like! Which animals travel there? What do they discuss?



ROYAL COMMONWEALTH SOCIETY

# Permission Forms & Payment Reminders



A friendly reminder that payments and permission notes for the following are now due:

- ✦ Ganguddy Field Trip
- ✦ Biology Textbooks
- ✦ Macbeth

Payments can be made via cash, cheque, or EFT at the school office. Alternatively, parents can now take advantage of our new online payment system in Sentral for added convenience. Instructions on how to use this system can be found on our School Website.

Thank you for your prompt attention to these payments, we appreciate your support!

## New Bell Times

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>PERIOD 1</b>	9.00 – 9.55am	9.00 – 9.55am	9.00 – 9.55am	Assembly 9.00-9.26am YA Meeting 9.28-9.55am	9.00 – 9.55am
<b>PERIOD 2</b>	9.55-10.45am	9.55-10.45am	9.55-10.45am	9.55-10.45am	9.55-10.45am
<b>RECESS</b> 10.45-11.10am					
<b>PERIOD 3</b>	11.10-12.00pm	11.10-12.00pm	11.10-12.00pm	11.10-12.00pm	11.10-12.00pm
<b>PERIOD 4</b>	12.00-12.50pm	12.00-12.50pm	12.00-12.50pm	12.00-12.50pm	12.00-12.50pm
<b>LUNCH 1</b> 12.50-1.15pm					
<b>LUNCH 2</b> 1.15-1.40pm					
<b>PERIOD 5</b>	1.40-2.30pm	1.40-2.30pm	1.40-2.30pm	1.40-2.30pm	1.40-2.30pm
<b>PERIOD 6</b>	2.30-3.20pm	2.30-3.20pm	2.30-3.20pm	2.30-3.20pm	2.30-3.20pm