



# Kandos HIGH SCHOOL

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# Newsletter

Term 3 Week 7 2020

## PRINCIPAL'S MESSAGE

Here we are half way through Term 3 and again, there have been changes this term to reflect safety and health guidelines. I cannot commend the whole school community enough on your flexibility around all of the short notice changes that have been made. Unfortunately, we are still only able to have parents visit the school for essential meetings, but we look forward to the time when this changes, and we can have parents and friends join us for special events, information evenings and orientation events for our new Year 7, 2021 parents.

### Year 12 Exams, Finalisation of Major Works, Projects and Performances

Year 12 is commonly referred to as the "most important year of your life", when you are youthful. How is that for pressure? Throw in the global pandemic and it has been an extraordinary year for our cohort. It is with a sigh of relief that our Year 12 students have completed or are nearing completion of major works and projects along with some performances. This time of year always reinforces the unique talents that our senior cohort possess after many years of study, how they have matured as young adults and are ready to move onto the next journey in their lives. Special acknowledgement must be directed to the fabulous support their subject Teachers and Year Advisor have provided throughout the year, it is quite an anxious and stressful time leading into the submission of major works, projects and performances and the final examination. We look forward to showcasing these works in the future and celebrating their achievements. Year 12 are currently doing their trial examinations as part of their final preparation for the HSC, this will provide them valuable feedback for the final exams in October and November. We wish them all the best at this stressful time.



## What's on?

### 2020

Monday 31/8/20

Tuesday 1/9/20

Wednesday 2/9/20

Thursday 3/9/20

Friday 4/9/20

Study Break Cafe

Footy Colours Day

Monday 7/9/20

Tuesday 8/9/20

Wednesday 9/9/20

Thursday 10/9/20

Friday 11/9/20

Study Break Cafe

## Safety and hygiene

Thanks to parents and care givers who are following up bouts of flu-like illness with a COVID-19 test. The changes to hygiene protocols occurred on the 17 August and are below:

- Students and staff do not attend school or work if they are unwell.
- Students and staff absent or sent home due to flu like symptoms, need to be tested.
- Students and staff must not return to school or work until they return a negative COVID-19 result and are symptom free.
- Schools must sight the negative COVID-19 test result prior to allowing students and staff to return to school.

Just like the kids, if teachers or other school staff are sick, they are required to stay home, get tested, stay at home until the test results are known and only return to school after presenting those results.

Teachers have been requested to remain vigilant in recognising if any of the students in their care are exhibiting flu-like symptoms during teaching and learning activities. Where identified, those students will be referred to the sick bay where they may be better isolated until they can be collected by a parent or carer to be taken home.

## Transition Events

Transition of Year 6 students into our school and Year 12 students transitioning out are essential aspects of our school events each year. It is part of a continual cycle and one that represents the everchanging life of the school. Unfortunately, due to the COVID-19 situation many of the normal events for transition are on hold and likely to be very different to other years. We are in contact with our partner schools in relation to Year 6 transition and hopefully will be able to organise a visit by Miss Toufayli and Mrs O'Brien in the near future. Year 6 students coming onsite at the moment is on hold until Term 4.

Year 12 will sit their HSC examinations as per usual. At the moment there are no restrictions on examinations taking place if hygiene protocols are adhered to at the examination centre. Year 12 final assembly and Graduation are being discussed at the moment. There are currently restrictions on these events with assemblies permitted at school (staff and students only) whilst Formal events are not permitted. Mrs Parsons is keeping in contact with the Cherry Tree Farm in regards to the event in November. We are holding onto hope that the restrictions around Year 12 end of school events will change by Term 4 and the students can have a graduation to truly celebrate the effort that they have put in over their 13 years of schooling. We are also investigating options to film the event, if we are still under current restrictions.

## School Administration and Support Staff Recognition Week

Each year, schools recognise and acknowledge the important work our School Administrative and Support Staff (SASS) undertake in our schools. SASS cover a wide range of roles within the school. In fact, the school would stop in an instant if these dedicated staff were not seeing to the needs of people onsite and a broader community.

These essential people are our Administrative Managers; Administrative Officers; School Learning Support Officers; Aboriginal Education Officers; General Assistants and Farm Assistants.

Kandos High School wishes to thank the all of our SASS staff for their tireless contributions to our school and community. We couldn't do it without you!

Until next time.....

Dyanna Thommeny  
Principal

Do what is  
**RIGHT,**

Not what is  
**EASY.**

# SASS STAFF RECOGNITION WEEK 2020

A big thank you to our SASS staff at Kandos High School!

Our SASS (School Administration and Support Staff) staff play an important role in the school community. They are often the first people you see when you enter a school and are essential to maintaining positive relationships with students, parents and the community.

SASS staff work in school offices, in classrooms and libraries and maintaining and caring for school grounds and buildings. They are often the ones to tend to students when they unwell and they ensure the efficient management of school financial and administration functions.





# UNIVERSITY EARLY ENTRY

Congratulations to our Year 12 students who gained early entry into Western Sydney University:

Jasmine Kernaghan - Teaching

Corey Witcher - Health/Science

Tess Botham-Barnes - Media Studies

Well done everyone!!



## YEAR 12 CAFS

On Wednesday 19th August, Year 12 CAFS students participated in a HSC prep session with Kelly Bell from The Learning Network.

Kelly has taught CAFS for 16 years, been involved in HSC marking and is the author of a variety of CAFS textbooks and resources. She gave some great insight into how to best prepare for the HSC exam and we can't wait to have her meet with us again following the Trials!





## bStreetsmart PROGRAM

On Tuesday 18th August, Years 10 and 11 students participated in the bStreetsmart program which is usually held at Qudos Bank Arena in Sydney but went online this year. This program has been running for a number of years and educates young people about the importance of being responsible road users as drivers, passengers and pedestrians.

Students were exposed to a crash scene recreation demonstrating all of the processes involved for emergency services when faced with a road crash.

They also were addressed by individuals who have been injured or affected by road crashes.



## ATTENDANCE LETTERS

Attendance letters will go out to parents this week, please fill out and return promptly, most will relate to the remote learning in Term 2.



**DON'T FORGET TO LET THE FRONT OFFICE KNOW IF YOUR CHILD IS ABSENT FROM SCHOOL, VIA PHONE, NOTE OR SMS**

Reasons that you **CANNOT** receive leave for and that will be recorded as an **UNEXPLAINED ABSENCE** include:

- Slept in
- Helping with housework
- Mental health day
- Relatives visiting
- Family business
- Haircuts / shopping
- Birthdays



## YEARS 9/10 AGRICULTURE

Years 9 and 10 Agriculture students made scarecrows to keep the galahs off the wheat and oats crops.





# FOOTY COLOURS DAY

Next Friday the 4th of September the SRC will be hosting Footy Colours Day.

Footy Colours day is run by the Kids Fighting Cancer Foundation. This is their major fundraiser to help kids fighting cancer keep up with their education while they are getting treatment.

Wear your favourite team colours and bring a gold coin donation to support the foundation.

The SRC will also be holding a cake stall at recess on the day.



## YEAR 9 EXCURSION

Due to ongoing COVID-19 concerns and DET restrictions surrounding school excursions, the Year 9 Sydney Excursion will not occur this term.

The excursion will go ahead when restrictions have been lifted.

Any fees paid towards the excursion will be held over unless parents/guardians request these to be transferred to other activities.

*Miss Steinbeck*





# PROTECTING YEAR 12 STUDENTS FROM COVID-19

Protecting Year 12 students from COVID-19:

Year 12 students will now have their COVID-19 test result fast tracked through pathology. They simply need to advise the nurse or doctor doing the test they are HSC students.

Results will be fast tracked to reduce disruption to their studies and exams. We also want to reduce potential anxiety around getting tested and ensure students self-isolate at home until results are known. This will help protect the whole community.

It is important that all Year 12 students:

- Stay 1.5m apart where possible
- Wear a mask if physical distancing isn't possible
- Get tested asap if they have even the mildest of symptoms
- Tell the clinician doing the test they are a Year 12 student and to mark the referral 'Urgent - HSC student'
- Stay home and self-isolate until results are known
- Receive a negative test result before returning to school; showing the school a screenshot of an SMS result is sufficient
- Call the contact number provided by the clinic if results are not received within 36 hours

As social young adults, senior students may be at greater risk of COVID-19 than the younger children at school.

They're also more likely to be out and about in situations which could put them at risk of COVID-19 if they don't stay vigilant.

Find the nearest testing clinic at : [www.nsw.gov.au/covid-19/how-to-protect-yourself-and-others/clinics](http://www.nsw.gov.au/covid-19/how-to-protect-yourself-and-others/clinics)



**COVID-19**



**Year 12 students to have  
COVID-19 test results faster**

# Anti-bullying Alliance



## Signs of bullying

Every student who has been bullied or who has bullied others will respond and act differently.

A student's behaviour and moods can change for a variety of reasons.

**Teachers and parents/carers need to be alert to the possibility that the change in behaviour and moods is related to bullying.**

Below is a list of behaviours that are sometimes a sign that your child is involved in bullying. These behaviours can be related to causes other than bullying of course, but they do suggest a need for sensitive questioning and reassurance of support by parents/carers. Talk with your child about school generally to find out more information if you are concerned.

## For parents and carers

Signs a parent or carer might notice include if their child:

- Doesn't want to go to school or participate in school activities.
- Changes their method or route to school or is frightened to walk to school.
- Drops in academic performance.
- Changes in sleep patterns.
- Changes in eating patterns.
- Has frequent tears, anger, mood swings.
- Takes money from home.
- Has unexplained bruises, cuts, scratches.
- Loses or brings home damaged belongings or clothes.
- Arrives home hungry.



The signs of possible bullying online can be the same as signs of other bullying, but include other behaviours with phones and computers, for example:

- Being hesitant about going online.
- Seeming nervous when an instant message, text message or email appears.
- Being visibly upset after using the computer or mobile phone, or suddenly avoiding it.
- Closes the screen, or hides the mobile phone when others enter the room.
- Spending unusually long hours online in a more tense, pensive manner.
- Receiving suspicious phone calls, emails or packages.





## THE POWER OF COLLABORATIVE LEARNING

Learning with other students can be a very powerful way to improve your learning outcomes. You might be sitting next to each other discussing what you are learning, or working together in a group online and sharing your screens, or giving a friend feedback about an assignment. There are many benefits to learning to work with other students.

### 1. MOTIVATION

Studying together can be much more motivating than studying on your own. Setting targets and working towards them together can help keep you focused on completing assignments. Often study done together is more active and engaging than studying on your own and this is much better for retention.

### 2. DEEPEN UNDERSTANDING

Discussing with a friend, being able to bounce ideas off each other, ask each other questions – all of these activities will help strength your neural networks and deepen your understanding of what you are learning. This can help to develop our higher order thinking skills.

### 3. DIFFERENT PERSPECTIVES

Sometimes we don't realise that we are only looking at things in one particular way and there are different and diverse viewpoints to ours. Learning with a friend can help you see things in a different light and broaden your perspective. This can help develop our critical thinking skills.

### 4. BUILD TEAMWORK SKILLS

Learning to cooperate, negotiate and problem solve with other people is a great skill to have in later life. By learning with other students you will have opportunities to learn to be a more active participant in group work and also develop communication and leadership skills.



[www.studystudyskillshandbook.com.au](http://www.studystudyskillshandbook.com.au)



**Enhanced Learning  
Educational Services**  
*"the study skills specialist"*

*Tips by Dr Prue Salter*

username:

kandoshs

password:

28success



# SAFER DRIVERS COURSE

PCYC is now taking bookings for the Safer Driver Course coming up on Tuesday 29 September 2020.



**PCYC POLICE CITIZENS YOUTH CLUBS**  
**SAFER DRIVERS COURSE FOR LEARNER DRIVERS**

**THE SAFER DRIVERS COURSE INVOLVES TWO MODULES**

**MODULE ONE:**  
A three-hour facilitated group discussion on how to manage risks on the road.  
This will involve a maximum of 12 participants and will be delivered by a facilitator.

**MODULE TWO:**  
A two-hour, in-vehicle coaching session to develop low-risk driving strategies.  
This will involve two participants and a coach.

**LEARNER DRIVERS WHO COMPLETE THE COURSE WILL RECEIVE 20 HOURS OFF THEIR LOG BOOK.**

**\$140**

**ALL PARTICIPANTS MUST:**  
Hold a valid NSW Learner Licence, be under 25 years of age and have completed a minimum of 50 hours of actual on-road driving hours in their Learner Logbook

**Book online at [www.saferdrivers.org.au](http://www.saferdrivers.org.au)**

**PCYC MUDGEE** 02 6372 1367 [mudgee@pcycnsw.org.au](mailto:mudgee@pcycnsw.org.au)  
Find us on 

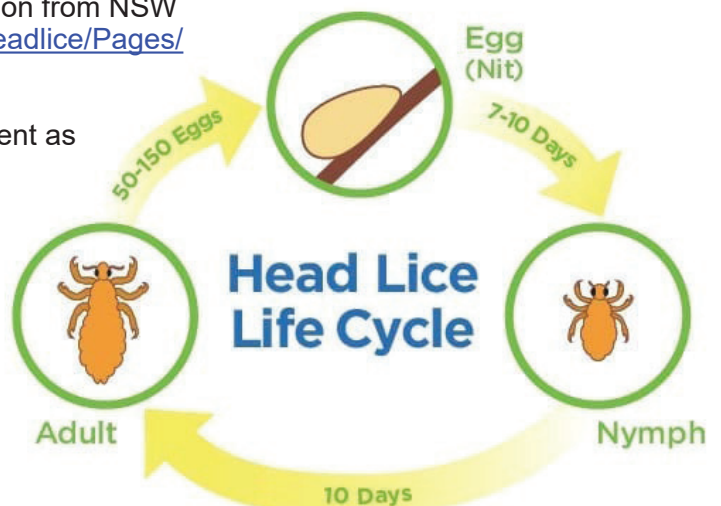


# HEADLICE

Headlice have been reported to be present in the hair of some students at the high school, please check your child's hair for nits/lice tonight using the methods recommended in information from NSW Health (<http://www.health.nsw.gov.au/environment/headlice/Pages/treatment.aspx>).

If you find any eggs or lice please commence treatment as recommended.

Further information on head lice is available on the NSW Health website (details above) or through the Department's website at <http://www.schools.nsw.edu.au/student-support/studenthealth/conditions/headlice/index.php>.



## UPCOMING PAYMENTS & PERMISSION NOTES

Just a reminder that payments and permission notes are due for the following:

- Course Fees and Voluntary Contribution

Save the date!

### PARENT PAYMENTS

Cash, cheque or EFT payments can be made directly at the school office. Alternately, parents have the option to pay by using an online option, the Parent Online Payments (POP), via Kandos High School's website, by clicking on the "[Make a Payment](#)" tab and following the instructions.

***Wishing all the dads  
"Happy Father's Day"  
for Sunday 6 September 2020!***



*Kandos High School and Community Bus proudly sponsored by*

**BOWDENS**  
**SILVER**