



Kandos HIGH SCHOOL

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Official Kandos High School

kandos-h.schools.nsw.edu.au

PRINCIPAL'S MESSAGE

What an ever-changing world we continue to navigate! When the ball dropped at midnight to kick off our new year and decade, no one in their wildest dreams could have anticipated what lay ahead. Three months in became all about cancelling trips, major events and social distancing. Then it was about adapting to working and learning from home, protecting and checking in with loved ones, getting supplies and staying connected to friends. The news has become a scary place, filled with grey and gloomy virus backdrops and alarming facts and stories regarding the impact of the pandemic.



But with the bad comes the good. It is encouraging to see the human spirit adapt and find ways to flourish when faced with challenge or adversity. There have been many stories on social media connecting communities together in difficult times. If you filter through the negative news, you'll read about the everyday heroes, nurses and doctors on the frontline, soccer moms hand sewing masks, hotels opening their doors to medical professionals, distilleries switching from alcohol production to hand sanitiser, 99 year old war veterans walking in self isolation and raising 30 million dollars for charity, the comrade rise of celebrating Anzac Day from our driveways and the entertaining "bin isolation" productions. Positivity can be contagious, no matter who you are and how big or small an idea -- pursue it and pass on the good news!

Staff have enjoyed being in contact with families over the phone this past fortnight, checking in to see how our students are managing their remote learning and dealing with the current context. Kandos High School has kept in touch with families this term with regular check-ins to see if there is any further support required as we all progress with the distance education model we were forced into. I'd like to thank the staff who have been on the phones of late, and the families we have been keeping us in the loop and providing much needed feedback to ensure we are offering the best possible individual support at this time.

kandos-h.school@det.nsw.edu.au | www.kandos-h.schools.nsw.edu.au

What's on?

2020

Monday 11/5/20

Acacia, Year 7 & 12 Students

Tuesday 12/5/20

Acacia, Year 8 & 11 Students

Wednesday 13/5/20

Banksia Students

Thursday 14/5/20

Banksia & Wambinya Students

Year 9 (not CLIP Class)

Year 12 Students

Friday 15/5/20

Banksia & Wambinya Students

Year 9/10 CLIP Class Students

Year 12 Students

Monday 18/5/20

Acacia, Year 7 & 12 Students

Tuesday 19/5/20

Acacia, Year 8 & 11 Students

Wednesday 20/5/20

Banksia Students

Thursday 21/5/20

Banksia & Wambinya Students

Year 9 (not CLIP Class)

Year 12 Students

Friday 22/5/20

Banksia & Wambinya Students

Year 9/10 CLIP Class Students

Year 12 Students

It is great news is that from next week we will welcome back all students on a rotating roster of days that will allow us to re-commence some face-to-face teaching. The staff are really looking forward to getting back to being able to assist students with their learning, and taking the necessary steps to ensure everyone remains safe as well as continue schooling.



As we move through the coming phases of returning to school, the Department of Education has advised us that we need to locally manage the phased return so you might hear about different models in operation across school settings dependent upon local needs. Below is our model of operation from week 3 for students. I must thank the Executive team and in particular Cath Heap who has given up additional time for developing the restructured timetable. Staff went through this yesterday and aided in troubleshooting the implementation. We are waiting on guidance for when the next phase of the return might come into operation, like yourselves we have been adapting to the situation through management by media release.

Until next time....

Dyanna Thommeny
Principal



KidsHelpPhone.ca

GRIN BIN WINNERS

7/5/20

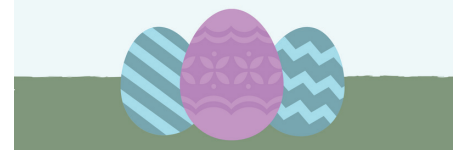
Ryan Moore
Amelia Burlington
Emily Large
Jasmine Kernaghan
Alex Grimshaw

\$2 TEACHER VOUCHER

7/5/20

Mrs Z. Hudson x 2
Miss T. Steinbeck
Miss C. Heilman
Miss L. Besant

Congratulations
to our
Easter Raffle
winners



Congratulations to the winners of the Year 12 Easter raffle!

1. Helen Fuller - orange A089
2. Alison Birch - orange A009
3. Daina Sander - orange A020
4. Kylie Reddish - orange A005
5. Suezie Faulkner - orange A001
6. Jesse Daniel - orange A0344
7. Jayne Johnston - green A09
8. Helen Fuller - orange A092
9. Ella Reynolds - orange A064
10. Jayne Johnston - green A013
11. Ella Reynolds - orange A070
12. Erin Reynolds - orange A069
13. Alison Birch - orange A008

Enjoy everyone!!



PHASE 1: MANAGED RETURN TO STUDENTS

There is a planned phased return of students from next Monday, 11th May, 2020. Phase 1 allows students to return and be attending school at least 1 day per week, however this is not compulsory. Parents are encouraged to keep their children home, except for their designated day (unless the parents are essential service workers or the family is vulnerable). There are three options available during this return, outlined further below:

1. Essential services students attend daily.
2. Students attend school one day per week on their designated day and continue remote learning for the remaining days unless otherwise specified.
3. Parents still have the option of keeping your child at home and continuing with online learning. Please notify the school clearly stating your child's name and year group if you intend them not to return.

Please find an overview summary on the following page and more specific information as below:

- The school canteen will re-commence operations in week 3 with a limited menu, until the student population return to normal.
- Staff are still working on a flexible roster from home two days per week.
- Wednesday is a scheduled planning day for staff to manage the additional workflow required for remote learning. Students will continue with independent learning, classrooms for essential service students and Banksia students will be supervised on this day.
- Classes may be divided to adhere to social distancing measures of 10-15 students per learning space.
- Students will remain in the same learning space for the duration of the day.
- During the on-site lessons, students continue with their online lessons or learning packages. Staff will check in with students on work completed at home and provide guidance and advice in completing work.
- To staff this phased return, students will be following their individual school timetable. For example: Year 7 will follow Monday Week A on 11th May; Year 8 will follow Tuesday Week A on 12th May; etc.
- Year 12 have practical sessions allocated and have the flexibility to attend as needed, a roster will be provided for them to check in with teachers. Seniors need to ensure they sign in and out through the front office, parental permission should be provided if they are leaving early.
- Please continue to return work either via mail or to the drop box outside the school.
- Work will continue to be mailed to those students who are physically not attending, please ensure the office is aware of these students for term 2.
- At this stage everything additional to the classroom teaching and learning is on hold; excursions, camps, sporting events and assemblies. Any monies already collected have been allocated as fees in advance (credit), against the student, until we are able to make a decision on whether these will proceed later in the year.
- Buses are running as normal. Each day students need to engage in social distancing where possible, especially when lining up and getting on/off buses.
- Parents are asked to avoid gathering near gates and to practice social distancing when transporting students. You are encouraged to call the office prior to attending to ensure we can meet your needs on the day.
- Students and staff have been asked to not attend if they are feeling unwell. Students presenting ill throughout the day, will be sent to sick bay and parents will be contacted.
- We have additional cleaning services in place at the school. Sanitizer is available on entry to the front of the school and in classes, we encourage students to use this as part of their daily hygiene practice.
- Students need to be respectful of social distancing and remain 1.5 metres apart and to be courteous of others space when using corridors and queuing. Students who do not adhere to these health and safety requirements will be reminded of our expectations.

I would like to thank all students and parents for your ongoing support throughout these difficult circumstances. We are looking forward to seeing our students faces in person – we have missed you.

PHASE 1 STARTS 11 MAY 2020



Kandos HIGH SCHOOL



- ESSENTIAL STUDENTS (YEARS 7-12)
 - ACACIA STUDENTS
 - YEAR 7 STUDENTS
 - YEAR 12 STUDENTS
 - YEAR 12 PRACTICAL CLASSES:
 - VISUAL ART & DRAMA STUDENTS
- WEEK A PERIODS 1&2 / WEEK B PERIODS 5&6



- ESSENTIAL STUDENTS (YEARS 7-12)
- ACACIA STUDENTS
- YEAR 8 STUDENTS
- YEAR 11 STUDENTS



- ESSENTIAL STUDENTS (YEARS 7-12)
- BANKSIA STUDENTS
- STAFF PLANNING DAY

- ESSENTIAL STUDENTS (YEARS 7-12)
- BANKSIA & WAMBINYA STUDENTS
- YEAR 9 STUDENTS (NOT CLIP CLASS)
- YEAR 12 STUDENTS
- YEAR 12 PRACTICAL CLASSES:
 - MUSIC PERIODS 1&2
 - BIOLOGY, VISUAL DESIGN & HOSPITALITY PERIODS 5&6



- ESSENTIAL STUDENTS (YEARS 7-12)
- BANKSIA & WAMBINYA STUDENTS
- YEAR 9 & 10 CLIP CLASS STUDENTS
- YEAR 10 STUDENTS
- YEAR 12 STUDENTS
- YEAR 12 PRACTICAL CLASSES:
 - METAL, TEXTILES & CHEMISTRY PERIODS 1&2
 - CONSTRUCTION PERIODS 3&4



STUDENTS OF ESSENTIAL SERVICE EMPLOYEES
ARE WELCOME TO ATTEND DAILY (YEARS 7-12)

YEAR 12 STUDENTS WELCOME TO ATTEND ANY DAY TO MEET
THEIR INDIVIDUAL NEEDS & ATTEND PRACTICAL CLASSES

KHS STAFF ARE STILL WORKING TO A FLEXIBLE ROSTER
TO MAINTAIN SOCIAL DISTANCING

KHS STUDENTS AT HOME ARE TO FOLLOW THEIR TIMETABLE
WEDNESDAY IS INDEPENDENT LEARNING FROM HOME

STUDENTS - There are 3 options for schooling in Phase 1

1. Attend school at least **one day per week**. – As per Department of Education advice.

Students

On the day/s you are at school

- Bring all your current school work and assignments and your charged laptop.
- Check your emails
- Collect / download and print work from your teachers from room 1.
- Follow their school timetable at school and home and complete set work and assessments.
- Return the work and assessments to school into the drop box located at the front of the office labelled appropriately.

Supervising teachers can

- Help you get organised
- Hand out and collect work for all subjects
- Give you access to the computer room to print work or complete work.
- Answer all your questions, or help find someone who can.

*NOTE: when returning your work please make sure you **label the following on the front**. This will make it easy for the work to find the right teacher.*

Teacher's name
Eg. *Mrs Heap*

Student's year
Year 9

Subject
Maths

Student's name
Fred Bloggs

2. **Attend School Everyday** – Essential Workers children and vulnerable students 7-12.

Students will follow the same process as the one day per week students.

3. Student's Parents choose to keep them **home every day**.

Parents must contact the office on 6379 4103 and notify the school of the reason, if you are choosing this option. Otherwise the student will be marked as an unexplained absence.

Students

- Check your emails daily.
- Read the instructions from your teachers.
- Collect from school / download and print work from your teachers.
- Check in with your Year Adviser everyday via email / video (those with internet).
- Follow your school timetable at home and complete set work and assessments.
- Return the work and assessments to school in a timely manner (at least once per week)
 - Email to your teacher
 - Photograph the work and email to your teacher
 - Return to the front office drop box
 - Out of town students can use the provided KHS envelopes to return their work packaGe to school by placing them into their own mailboxes for pickup/collection by Australia Post

*NOTE: when returning your work please make sure you **label the following on the front**. This will make it easy for the work to find the right teacher.*

Teacher's name
Eg. *Mrs Heap*

Student's year
Year 9

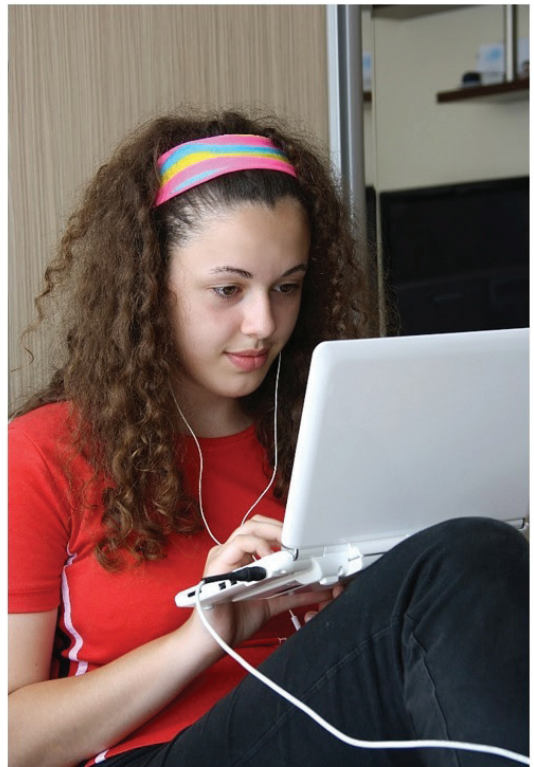
Subject
Maths

Student's name
Fred Bloggs

TOP TIPS FOR STAYING FOCUSED IN AN ONLINE LESSON by Dr Prue Salter from www.enhanced-learning.net

By now we are all starting to get a bit more used to different modes of learning. If you are still finding it challenging to stay focused in online lessons, here are some tips to help you:

1. Have clear distinctions between schoolwork time and your personal time. If you let those two worlds collide you will end up never really feeling like you can have time to yourself without feeling guilty. Then in the learning times you can make a more conscious effort to stay on track.
2. If you know you can't stay focused in your bedroom, then do your learning in another part of the house where someone can check up on you. Working in an area of the house where you will be supervised can help you stay on track.
3. Take notes when you are listening to the teacher talk or make a mind map about what is being discussed in the lesson. If you are writing about what you are learning it will help you to be more focused.
4. Turn off all notifications and make sure your mobile is on silent (or preferably in another room). Don't have other windows or applications open on your computer. Take away the temptation so you don't send messages to other students or work on other tasks during a lesson when you are meant to be focused.
5. Every 20 minutes look away at something 20 feet (about 6 metres) away for 20 seconds to reduce eye strain. Stand up and stretch if you need to.



**Enhanced Learning
Educational Services**
"the study skills specialist"

While some students and families have embraced remote home learning, others are still struggling with certain aspects. For most schools Term 2 there will be a mix of some students returning to classes and others learning from home. How long this will continue for and if it will need to be adjusted again, no-one knows at this point in time. Dr Salter (a specialist in study skills) has released a video series answering the most commonly asked FAQs to help Years 7-12 families make the learning taking place at home as effective as possible this term. You can access this series here: <https://pruesalter.com/RHL/RHL.php>

FREE Remote Learning FAQs Video Series with Dr Salter to send to your school community.

<https://pruesalter.com/RHL/RHL.php>



HONOURING OUR FALLEN

This year ANZAC Day services within our local community were called off due to coronavirus restrictions. The fallen were not forgotten, far from it. At a time where many would normally attend dawn services or marches it was inspiring to see mini-services, with driveways lit up by candle light at dawn and front gates and verandas decorated with poppies and rosemary. Lest We Forget.

William James Hamilton Lowe formerly of Crudine NSW. Enlisted in the First World War in August 1915. He was a member of the 12th Light Horse Regiment, 2nd Machine Gun Squadron and was killed in action August 1918 in Jericho, Palestine. He is buried in Jerusalem War Cemetery, Israel.

He is honoured in the Commemorative Area at the Australian War Memorial and is remembered by his family descendants attending KHS.



AUSTRALIAN WAR MEMORIAL FOB624.424

KHS would like to salute Britain's war veteran Tom Moore, a retired army captain. What an inspiration and great example to us all.

At 99 years of age, after recovering from a broken hip with the aid of a walker, Tom completed 100 laps of his garden, in Bedfordshire central England, raising \$30 million to donate towards his country's National Health Service.



In Flanders fields

In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place: and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.

We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie
In Flanders fields.

Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.

John McCrae (1872–1918)



KHS REMOTE LEARNING & DIGITAL ETIQUETTE MATRIX



	DIGITAL UNIVERSALS	VIDEO CONFERENCING	ONLINE PLATFORMS & INDEPENDENT LEARNING	LEARNING ENVIRONMENT	SELF-CARE
RESPECTFUL	<ul style="list-style-type: none"> I use good manners and appropriate language I use appropriate visual symbols, backgrounds and gestures when communicating online I care for my own, other's and school property 	<ul style="list-style-type: none"> I dress appropriately I mute my microphone unless speaking to the group My video is on to allow clear interaction I wait my turn to speak and listen attentively to my teacher and peers 	<ul style="list-style-type: none"> I use assertive language to share my opinions and allow others to share theirs I re-read and edit before I post comments and information online I contact my teachers during school hours I respect the copyright features of resources I access online 	<ul style="list-style-type: none"> My learning space has adequate heating, lighting and ventilation 	<ul style="list-style-type: none"> I eat nutritious food, drink water and exercise regularly
RESPONSIBLE	<ul style="list-style-type: none"> I follow my timetable and log in on time My materials are prepared and devices charged My equipment is in good working order with appropriate virus protection I ask for help when needed I take responsibility for my decisions and actions 	<ul style="list-style-type: none"> I use chat for task-related conversations only I use my own name to identify me 	<ul style="list-style-type: none"> I check my emails and communication from my teachers regularly I submit work to teachers when it is due I use Internet data sparingly I maintain the privacy of my personal information and leave a positive digital footprint I report cyberbullying or inappropriate online behaviour to my teachers I only communicate online with individuals I know and block unknown contacts I use safe online search platforms/websites and download from trusted sources 	<ul style="list-style-type: none"> My learning space is tidy and organised My environment is free from distractions and hazards I pack away equipment after use in preparation for my next lesson 	<ul style="list-style-type: none"> I maintain a daily routine I take regular breaks as per my timetable I maintain a comfortable posture when completing my work I balance my screen time with other activities
POSITIVE RELATIONSHIPS	<ul style="list-style-type: none"> I am polite and considerate of others 	<ul style="list-style-type: none"> I greet teachers and peers upon entry I say goodbye when leaving the chat 	<ul style="list-style-type: none"> I am patient when waiting for teacher support or feedback I share technology and data with others in my house I seek consent when sharing information, pictures or videos of others online 		<ul style="list-style-type: none"> I follow the expectations of my parents/guardians in relation to technology use I keep in contact with my family and friends via technology

REMOTE LEARNING AND DIGITAL ETIQUETTE MATRIX

In this remote learning context, we must still remember our KHS values and practise ways of demonstrating these daily. On the left is our new Remote Learning and Digital Etiquette Matrix. The many ways we can display our values of Respectful, Responsible and Positive Relationships will be introduced to students and our school community here in the coming weeks.

With many students accessing Zoom and other video conferencing tools, today's focus areas are:

RESPECTFUL – I use appropriate visual symbols, backgrounds and gestures when communicating online

RESPONSIBLE – I follow my timetable and log in on time

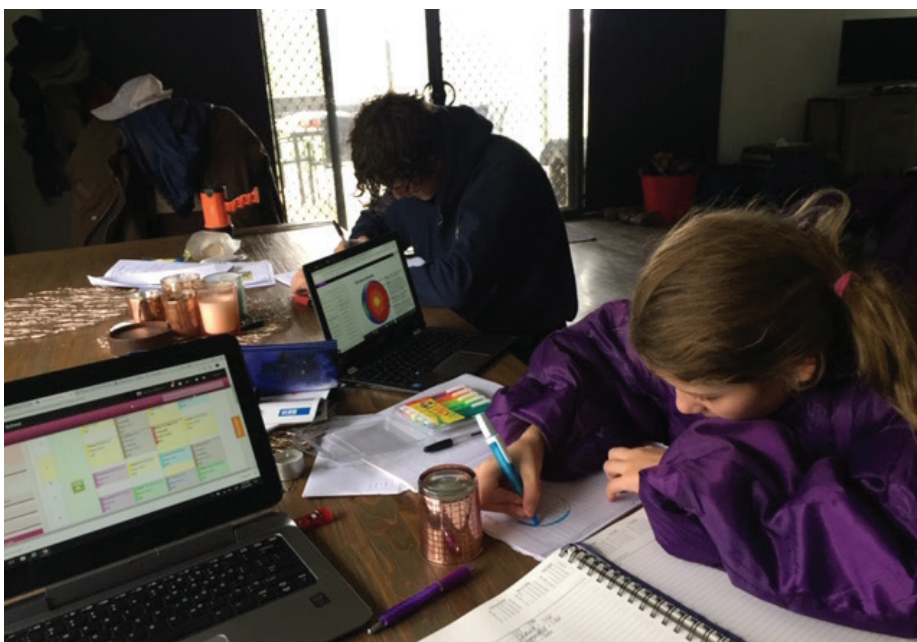
POSITIVE RELATIONSHIPS – I greet teachers and peers upon entry to video conferences

Miss Tara Steinbeck
Teacher PDHPE



TIMETABLE CHANGES

From Monday, 11th May we will be going back to using the original times in the timetable set at the beginning of the year, thanks.



PERIOD TIMES	
Roll Call	9:00 - 9:20
Period 1	9:20 - 10:10
Period 2	10:10 - 11:00
Recess	11:00 - 11:20
Period 3	11:20 - 12:10
Period 4	12:10 - 1:00
Lunch 1	1:00 - 1:20
Lunch 2	1:20 - 1:40
Period 5	1:40 - 2:30
Period 6	2:30 - 3:20

CLEANERS REQUIRED

Joss Facility Management are looking for cleaning staff to work at local Government sites across regional NSW.

PPE, Training and Uniforms provided.

Applicants need to provide a valid Working With Children Check upon application and successful applicants will be required to undertake a pre-employment medical prior to commencement.

Please contact Joss Facility Management via email on careers@jossgroup.com.au



Check us out on Facebook [Joss Cleaning](#)

or visit our webpage
www.jossgroup.com.au



KHS LIBRARY CLICK AND COLLECT SERVICE

Request for Resources from the KHS Library

Would you like a **book** to read OR some **research information** OR a **magazine** OR **help** with an assessment task?

Send an email
helen.m.fuller@det.nsw.edu.au and I will contact you to organise to drop them off or leave them in a place for you to collect.

Cheers
Mrs Fuller



CANTEEN MENU TERM 2

HOT FOODS	COLD FOODS
LRG PIE \$4.20	SUSHI \$3.50-\$4.50
SML PIE \$1.00	RICE PAPER ROLLS
LRG S/ROLL \$3.00	3 FOR \$3.50
SML S/ROLL \$1.00	SML SALAD \$3.00
NUGGETS \$0.80	LRG SALAD \$4.00
CHICKEN CHIPPIS \$0.80	SALAD SANDWICH
G/F CHICKEN TENDER \$1.50	OR ROLL \$5.00
LASAGNE \$3.50	CHICKEN SANDWICH
SPAGHETTI BOL \$3.50	OR ROLL \$4.00
FRIED RICE \$3.50	ASSORTMENT OF
POTATO BAKE \$3.50	SANDWICHES \$3.00-
BEEF KEBABS \$6.00	YOGHURT & MUESLI
CHICKEN KEBABS \$6.00	CUPS \$3.00
HAM & CHEESE HALF WRAP \$2.50	
CHICKEN & CHEESE HALF WRAP \$2.50	
HALF MELTED CHEESE \$1.00	

CHICKEN BURGERS AND EGG & BACON ROLLS STILL AVAILABLE

WINTER SOUPS AVAILABLE

TOASTED SANDWICHES (VARIETY OF FILLINGS)

ALL SNACKS STILL AVAILABLE & DRINKS & G/F


To all our Students & Families & Staff Welcome Back To School! we hope everyone has kept safe and healthy our school canteen will be open from the 11th may. Hours will be changing for this term due to students slowly returning back to school (8.45 -2.00), we would appreciate that if you need recess or lunch orders that they could be made in the morning before 10.30am. Thankyou & we will see you soon!

SIMONE & JULIE

UPCOMING PAYMENTS & PERMISSION NOTES

Just a reminder that payments and permission notes are due for the following:

- Course Fees and Voluntary Contributions
- All of our excursions scheduled for term 2 have been postponed, we are hoping to re-schedule these for later in the year. Further advice will be forthcoming later in the term.



Save the date!

PARENT PAYMENTS

Cash, cheque or EFT payments can be made directly at the school office. Alternately, parents have the option to pay by using an online option, the Parent Online Payments (POP), via Kandos High School's website, by clicking on the "[Make a Payment](#)" tab and following the instructions.



*Wishing all of our mothers, grandmothers, aunts and carers
within our community a Happy Mothers Day this Sunday.
Thankyou for all that you do for our students.*

Kandos High School and Community Bus proudly sponsored by

BOWDENS
SILVER