



**Kandos**  
HIGH SCHOOL

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Official Kandos High School

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# Newsletter

Term 4 Week 8 2018



## Merry Christmas!

We would like to wish all of our Kandos High School parents, students and friends a very Merry Christmas and happy and safe holidays.

Thank you to the hardworking staff, students, parents and community members for helping to make 2018 a great school year.

School resumes for staff on Tuesday 29 January 2019

Students in Years 7,11 and 12 return on Wednesday 30 January 2019.

Students in Years 8,9 and 10 return on Thursday 31 January 2019.



### What's on?

## 2018

**Monday 10/12/18**

**Tuesday 11/12/18**

Fame performance - Matinee 12.30pm  
Evening performance 7pm.

**Wednesday 12/12/18**

**Thursday 13/12/18**

Merit Assembly 2pm

**Friday 14/12/18**

Privilege Excursion

**Monday 17/12/18**

Presentation Day 1pm

**Tuesday 18/12/18**

**Wednesday 19/12/18**

Last day for students

**Thursday 20/12/18**

Staff Development Day

**Friday 21/12/18**

Staff Development Day

# STAFF FAREWELLS

The end of the 2018 school year, sees a big change in staffing at Kandos High School. We farewell a number of teachers and admin staff who are either retiring or furthering their careers.

Great teachers are important role models for our students, you have all been a source of inspiration and motivation for everyone at Kandos High School and without support staff, every teacher knows that a school can't function efficiently.

We wish each and every one of you every success as you begin a new chapter in your lives.

Hopefully you leave with many fond memories of KHS. You will be missed by staff and students alike!!

## ***Mr James Armitage***

Mr James Armitage is the Principal of Kandos High School.

James has been teaching for 18 years and commenced at KHS as Principal at the start of Term 3 2014.

Highlights from KHS:

- Easily my greatest highlight has been the students, overall they are wonderful and make KHS such a great place to work.
- The increased visibility and acceptance of the vibrant cultural history of Australia and its first people.
- The community's willingness to work closely with staff to improve outcomes for students in many areas.
- The many things I have learnt about myself and the role of Principal from so many people within the school and across the wider community.
- The capital works which provided the well overdue renewal of the school.
- The classroom spaces which have been modernised and enhanced to support the future learning focus that has come with many of the initiatives at Kandos High School.
- The incredibly committed staff who have persevered and worked so tirelessly with me to do the absolute best for all of our students. The caring nature of staff at Kandos High has been incredibly humbling at times.
- Bringing the school and community closer together to enhance our ability to do the best to cater for such a wide range of individual students.
- The great place it is to work every day - I will miss Kandos High School.

Future plans for James:

I commence at Monaro High School in Cooma on Monday the 10th December and look forward to moving back to the Snowy Mountains for the family to take advantage of all the outdoor opportunities that come with living in that area – mostly snowboarding!

I thank the Kandos High School and wider community for all that you have done for my family and I, the school and community will always hold a special place in our hearts.





## **Mrs Lyn Ludwick**

Mrs Lyn Ludwick - Head Teacher Science, also PDPHE, Visual Arts and Agriculture, which includes teaching Junior Science, Biology and Chemistry.

Lyn's teaching career spans 30 years and has been at KHS for 26 years, arriving in 1993.

Highlights from KHS:

- Seeing my Year group through
- Teaching our children until they finished Year 12
- Working with Bryan for our teaching careers
- Seeing the 'I get it moments' when you are trying to get the students to grasp an idea.
- Providing a 'safe place' for kids to learn and enjoy learning
- When students and ex -students always recognise me and say hello and let me know how they are going in their lives.
- Continually learning about life from students
- The pride and joy that you experience when our students go into the world and forge their own place and are successful.
- The wonderful staff that I have worked with over the 26 years – the love and support that is provided by staff for each other
- The support provided by staff and students when our family was thrown into turmoil with an accident to our son.
- Reaching the State Finals with the Streamwatch group
- Having a student win in the 'Young Scientist' state awards.

Lyn will be retiring and plans on having fun with her jewellery making, gardening, travelling and anything else that comes along.



## **Ms Leonie Bainbridge**

Ms Leonie Bainbridge was at Kandos High School as a School Learning Support Officer in Acacia.

Leonie assisted with students needing support, she has been in this role for 19 years, 12 of those years at KHS.

Highlights from this position include being able to see the students learning, understanding and growing into adults. She is still very much admired by her past students and they are very happy to see her outside of the school environment.

Leonie is now retired, and is spending the majority of her time with the grandchildren.



## ***Mrs Kathi Brown***

Mrs Kat Brown is our Visual Arts Teacher, she has been teaching since 2000, and has been at Kandos High School since 2003.

Highlights from KHS:

I have so many highlights from my time at Kandos HS. Some of them are; Teaching Visual Arts every day and getting to play with art materials, experiencing the high level of creativity within our student body in all year groups.

Building many strong relationships with staff who have become like family. Having the opportunity to attend many school excursions especially Sculpture by the Sea.

My biggest highlight was having my daughter, Zoe Brown in my art classes from Year 7 to Year 12 which is so very precious to me.

Future plans for Kat:

I plan to continue to teach for as long as I can and to bring creativity and positivity to any role which I take on. Creativity is very important to me and my teaching practice so I plan to use every opportunity I can to bring this into any schools in which I teach. I am deeply concerned about conservation and plan to become an active member of the Koala Foundation to help in raising awareness of preserving the land in which they live.



## ***Mr David Roach***

Mr Roach - Head Teacher - Support, which includes teaching students with disabilities from Year 7 - 12, and is Primary and Special Education trained.

David started teaching in February 1982 and is currently on Long Service Leave and his last official day is 26 August 2019. He has been teaching for 37 and a half years, twice at KHS 1994 - 2000 and 2016 - present.

Highlights from KHS include: family orientated teaching environment, supportive staff, having 5 children educated at KHS and all 5 were Captains or Vice Captains.

Future plans consist of retirement in August 2019, improvements around our home and he will be District 9670 Rotary Governor in 2020 - 2021, which requires a huge commitment and a lot of travel.





## **Mr Mathew Curtis**

Mr Curtis - Head Teacher Industrial Arts, which includes teaching Technology Mandatory, Industrial Technology Metal and Industrial Technology Timber, Furniture Making, Metal and Engineering (VET) and Furniture Making (VET). He has also taught Electronics, Information Technology (VET), Information Process and Technologies, Information Software Technologies and Construction (VET).

Mathew has been teaching for 25 years, including 20 years at KHS.

Highlights from KHS:

After spending so much time in one school you would hope to think you have made some positive difference in the lives of the students and staff you have been with. It is always pleasing to see students you have taught achieve great results like a 1st and 2nd placings in the state rankings, but there was always great satisfaction in seeing those students who had struggled to complete their schooling life, finish all the way to the end of year twelve. They may not have been highly academic students, but students that you can say you help them achieve personal best scores.

A highlight for me was/is the lovely nature of the students of Kandos and the fact that when given the opportunity, most of the students were willing to take on personal challenges. I am proud that I was able to work closely with the Principals of Mudgee and Gulgong High Schools to create the Cudgegong Consortium, which resulted in the school gaining nearly \$1,000,000 for the upgrade of the metal working and food technology rooms to become Trade Training Centres in the school. These modern facilities allowed our students to compete with students across NSW on a level playing field.

I have enjoyed introducing new technologies into the school and seeing the growth in student participation. Of course, as a supervising teacher you always hope to have great staff to work with. I was so fortunate to have high quality, professional staff to supervise over my time and I was always impressed with the quality of the lessons and the depth of knowledge my staff were able to offer the students.

I have always enjoyed watching top quality people do their work, and to supervise Cheryl Murray, Julie Parsons, Theresa Therese and Helen Fuller was an absolute pleasure. Their dedication to the students and the expectation of high-quality work from the students was evident in the consistently successful HSC results.

I haven't retired – yet. Will maybe look to do some casual teaching later next year, may travel the state to do relief teaching work, open to possibilities of working outside the department of education in a different field.



## **Mrs Debbie Large**

Mrs Debbie Large worked as a School Administration Officer in the Front Office, she was also a Science and Food Technology assistant.

Debbie has been in these roles for 13 years, which includes 11 years and Kandos High School.

She will miss the students and staff, although she is not far away!

Debbie has secured the position of School Administration Manager at Kandos Public School.

## **Mrs Mandy Kane**

Mandy works as a casual School Administration Office in the Front Office.

Mandy has been at KHS since February 2018.

She will be moving to Rylstone Public School in 2019, in a Student Learning Support Officer (SLSO) role.



## **Mrs Lynette Armitage**

Mrs Lynette Armitage is a Learning and Support Teacher. She started teaching in 2005 as a casual SLSO in the support unit at Wagga Wagga High School. Her first appointment teaching was in her home town and the school she attended as a student, Trundle Central School. From there, Lynette moved to Jindabyne Central School, Barham Public and High School, back to Jindabyne Central School, then onto Kandos High School, where she has worked with School Services in Bathurst and did a term at Rylstone Public School.

Lynette's official appointment at Kandos High School started in 2016.

Highlights from KHS:

It's the relationship we have built with lifelong friends, students and the wider community. Kandos High has provided me with opportunities to develop professionally and build my leadership skills. I have enjoyed seeing the school develop and shift its mindset around emerging technologies and curriculum delivery to support our students and create lifelong learners.

Future plans for Lynette:

I have just received a new contract as the Literacy and Numeracy Strategy Advisor in the Queanbeyan Office until 2021. From there I plan to apply again for the advisor role to continue to support literacy and numeracy in our schools. Then in 2023 we are planning on traveling around Australia for 12 months. The girls will be home schooled, and we look forward to seeing parts of Australia where we can provide our services as educators to areas in need.



## **Mrs Amanda Roach**

Mrs Roach was the District Guidance Officer, and was also a teacher, holding executive positions and consultation jobs in Special Education prior to retraining as a School counsellor in Newcastle.

Amanda started with the Department of Education in 1981, but was teaching 3 years prior to this.

She commenced work at Kandos High School at the start of 1994 as the School Counsellor, and District Guidance Officer in 1998.

Being part of so many student and staff journeys to become the fine people they are today, is just one of the highlights of being at KHS. Amanda also enjoyed the privilege of her own children graduating from school after the fine teaching of staff at KHS.

Amanda is a qualified Mental Health First Aid Facilitator, so she will continue to work in schools and the community with this. As well, she would like to progress her Celebrancy business, and continue to do lots more in the community. And, of course, travel, travel, travel!!!





## **Mr Darryl Brown**

Mr Darryl Brown was Student Learning Support Officer (SLSO) here at Kandos High School, he has been here since 2014.

Highlights from KHS:

Connecting with students and assisting with their social and intellectual development has been highly satisfying. Learning from senior staff and my classroom teacher has also been a valuable experience as it has rounded my personality into a more balanced version of myself.

The greatest highlights from KHS have been; watching special needs students grow in confidence, skills and their moments of joy.

Coaching the KHS Chess Team and sharing their success and friendship is another memory that I shall cherish.

It must also be said that in general the school staff have been a wonderful accepting group whose professionalism and warmth have always made KHS a positive work environment.

Future plans for Darryl:

I plan in some capacity to be involved within a school setting. I also hope to further my creative ambitions, health permitting and explore outlets for writing, artmaking and exhibiting with a focus on pressing societal topics.

I wish to live more in the moment and spend more time reading (something I have almost forgotten how to do!)



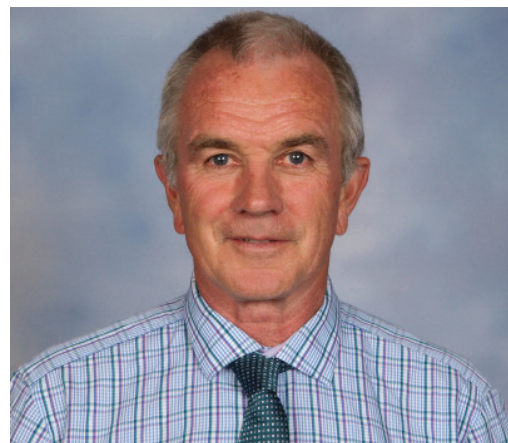
## **Mr Terry Yates**

Mr Terry Yates was a teacher in English and English Advanced.

Terry has been teaching since 1995, and moved to Kandos High School in 2001.

Highlights for Terry include, being a year co-ordinator, teaching Advanced English and units of work designed by the English Faculty, friendly students and working with committed and positive staff members.

He has retired to look after his own health and be a carer for his father. Terry will also concentrate on writing poetry and fiction, playing in a band, presenting radio programmes on our local radio station, gardening, landscaping and spending time with his granddaughter.



## ***Mrs Rebecca Bennie***

Mrs Rebecca Bennie is Head Teacher English/Humanities.

She has been teaching since since 2008 came to Kandos High School in 2013 from Gulgong High School.

Rebecca will be returning to Gulgong High School as Head Teacher English.







## YEAR 12 - 2018

Congratulations to students in Year 12 for 2018, the formal which was held on Friday 23 November, ends 13 years of schooling for our students, we wish them the very best of luck for the future.  
Thank you to photographer Matt Teague from Feather & Birch for the fantastic photos of our graduates.







# STUDY SKILLS TIP FOR DECEMBER - TIME TO REFLECT: STEPS TO SUCCESS

With the end of the year fast approaching, take the time to ask yourself these questions:

- How well did I do this year at school?
- Did my particular style of thinking or approach produce more or less learning than I had expected?
- What could I have done differently?
- What might I change to help me improve next year?

Take a piece of paper and write down the top 5 changes you want to make in your approach to school next year. Do it now because you will forget what you did in the new year. That way you can review your list before you start school again next year. If you need a bit more help identifying what you could do to improve, work carefully through the next section. The following is adapted from the 'Becoming a Senior Student' unit on [www.studyskillshandbook.com.au](http://www.studyskillshandbook.com.au), but is suitable for students at all levels.

## Moving Your Results to the Next Level

**Level 1:** Do you have the basics under control?

It is pretty hard to get decent marks if you aren't doing at least the three 'E's on Level 1:

- ENROLMENT: coming to school every day, attending every lesson.
- EQUIPMENT: coming to class with textbooks, writing paper, pens.
- ENGAGEMENT: working in the classroom, trying your best, doing what you are asked to do.

**Level 2:** Do you have everything set up for learning?

Got the basics under control and ready to move your results to this next level?

Then this is what you need to do next:

- COMPLETING SET HOMEWORK: Your teachers are giving you this work for a reason! To help you understand the subject better. It makes sense to put a bit of effort in to do this work.
- PARTICIPATING IN CLASS / ASKING FOR HELP: By participating it helps you understand better in class which means less work to do at home. It is also important to ask for help from your teachers if you do not understand something.
- HOME STUDY ENVIRONMENT / ORGANISING RESOURCES: It is important you can find everything you need when you need it. Consider how you have set up your workspace, how you manage all the paper and all of the digital resources you receive in the senior years.

**Level 3:** Do you study and manage your workload effectively?

Now that you have got things set up, time to make your life easier, and your study more effective, with the techniques on this next level.

- PREPARING FOR ASSESSMENTS: Are you?
  - Using a Term Planner or Term Calendar so you can clearly see when assessments are due.
  - Using a Diary to help plan for assessments - make a plan of work and keep track of what you have done.
- WORKING EFFICIENTLY AT HOME: Are you?
  - Working in half hour blocks with no distractions.
  - Making a study plan or study timetable.
  - Making a plan each afternoon before you leave school.
  - Using software such as 'Self-Control' and 'Freedom' to manage distractions
  - Separating school work and personal time.
  - Allocating set times to schoolwork.
- USING THE 1,2,3 STUDY METHOD: Are you?
  - Avoiding just reading your notes over and over.
  - Avoiding leaving study until the last minute.

Instead, this is how you study in the senior years:

1. MAKE STUDY NOTES 2. LEARN THE NOTES BY TESTING YOURSELF ON THEM 3. DO LOTS OF QUESTIONS TO PRACTISE YOUR SKILLS.

**Level 4:** Do you want to get the best results you are capable of?

So you have decided to go all out and aim for great marks. Well done you! The nice thing about school is that it rewards hard work and effort, you don't have to be a genius, you just have to get stuck into it. If you are ready to move your results to the next level, here are your next steps.

•MAKING STUDY NOTES EARLY:

Don't wait until exam time. Make your study notes as you go, often at the end of a topic or section or every few weeks.

File away your study notes when complete so they are ready for exams.

Try advanced forms of note-making.

•USING A WIDE VARIETY OF STUDY TECHNIQUES:

The more different ways you interact with the information you are trying to learn the better chance you have of retaining this info. Explore which study techniques are most suited to your style of learning.

•AIM FOR 2-3 HOURS OF SCHOOLWORK PER NIGHT (FOR SENIORS):

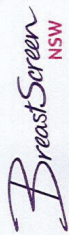
Do homework first. Then work on assessments. If you still have time, continue with work on study notes.

If notes are up-to-date, think what else you could do to improve your understanding of the subject, study guides, practice papers, revision books, practice essays.

Learn more about all these topics by working through the relevant units of work on [www.studyskillshandbook.com.au](http://www.studyskillshandbook.com.au)

The holidays are also a perfect time to stretch your brain. The best thing you can do for your brain is to try something new, this will build new neural pathways in your brain. So these holidays, try at least one thing you have never done before, Sudoku, start learning a new language, try a new sport, take up a new hobby, even brushing your teeth with the **opposite hand can have a beneficial effect on the brain!** Visit [www.studyskillshandbook.com.au](http://www.studyskillshandbook.com.au) to learn more about the brain in the **Your Brain and Memory unit.**





# screened

**FREE SCREENING MAMMOGRAMS**

Recommended every 2 years for women aged 50-74

The BreastScreen van is coming to

## RYLSTONE

Showground, Cudgegong St.

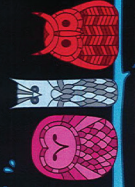
### 4-20th December 2018



breastscreen.nsw.gov.au  
13 20 50



**Book in today! Call 13 20 50**



The Community  
Charity Shop



# 1ST ANNUAL BULLARAMA RYLSTONE SHOWGROUND 28TH DEC. 2018

Gates Open 5.30pm  
Bull Riding from 7.00pm

**STRICTLY NO BYO Drinks or Alcohol!**

**KIDS & CARERS 50/50 Raffle**  
KANDOS RYLSTONE \$10 per Ticket



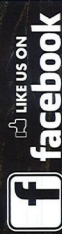
**STREET MACHINE  
& HOT ROD SHOW**

## Miskles EARTHMOVING

**Family \$50**  
2 X Adults - 2 X Kids  
**Adults \$20**  
**Children \$10**  
Age 5-17 Under 5 Free



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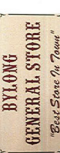
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